

Health & Safety Policy



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| Operational Owner | Health and Safety Officer: Lara Roberts & Tim Roberts |
| Effective date: | 21/01/26 |
| Review date: | 21/01/27 |
| Related documents | Safeguarding Policy Food Safety Policy Risk Assessments |

Scope

The scope of this policy applies to all premises used by Green Tree Adventures Ltd, (subsequently referred to as 'the Farm'), and all persons on the premises.

All Green Tree Adventures Ltd staff and volunteers have individual responsibilities to take reasonable care for their own health and safety and for that of others who might be affected by their acts or omissions. They must co- operate with those persons who are responsible for health and safety to enable them to carry out their duties.

Purpose

In order to work in a safe environment, certain measures must be taken by staff and volunteers. This is also for the purpose of the safety of visitors to the site. Furthermore, **The Health and Safety at Work etc. Act 1974** is an Act of Parliament that as of 2011 defines the fundamental structure and authority for the encouragement, regulation and enforcement of workplace health, safety and welfare within the United Kingdom. The Act defines general duties on employers, employees, contractors, suppliers of goods and substances for use at work, persons in control of work premises, and those who manage and maintain them, and persons in general. The Act established a system of public supervision ultimately backed by criminal sanctions extending to unlimited fines and imprisonment for up to two years.

- The Management of Health and Safety at Work Regulations 1999
- The Regulatory Reform (Fire Safety) Order 2005
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations, 1995
- Health and Safety First Aid Regulations, 1981
- Working Time Regulations
- The Food Safety Act 1990

Policy Statement

It is the policy of the Farm to promote the health and safety of all people on any of its land or premises and for that purpose it will:

- Take reasonably practicable steps to safeguard the health, safety and welfare of all personnel on the premises;

- Provide adequate working conditions and facilities to safeguard the health and safety of personnel and to ensure that any work which is undertaken produces no unnecessary risk to health or safety;
- Display the Health and Safety Executive (HSE) poster entitled 'Health and Safety Law' and issue the HSE leaflet as part of the induction process;
- Encourage persons on the premises to co-operate with the Farm in all safety matters, in the identification of hazards which may exist and in the reporting of any condition which may appear dangerous or unsatisfactory;
- Encourage everyone to accept their own responsibility not to endanger themselves or others and to assist actively in fulfilling the requirements and spirit of legislation and good practice;
- Ensure the provision and maintenance of plant and other equipment and systems of work that are safe;
- Maintain safe arrangements for the use, handling, storage and transport of articles and substances;
- Provide sufficient information, instruction, training and supervision to enable everyone to avoid hazards and contribute to their own safety and health;
- Provide specific information, instruction, training and supervision to personnel who have particular health and safety responsibilities (eg a person appointed as a Health and Safety Officer or Representative);
- Make, as far as is reasonably practicable, safe arrangements for protection against any risk to health and safety of the general public or other persons that may arise from the Farm's activities;
- Make suitable and sufficient assessment of the risks to the health and safety of employees and of persons not in the employment of the Farm arising out of or in connection with the Farm's activities;
- Make specific assessment of risks in respect of new or expectant mothers and young people under the age of eighteen;
- Provide information to other employers of any risks to which those employers' workers may be exposed to when on the Farm's premises.
- Review the operation of our health and safety policy regularly and prepare health and safety action plans.

This policy statement and the procedures for its implementation may be altered at any time by Lara & Tim. The statement and the procedures will be reviewed every year by the Board or other persons appointed by the Board.

Statutory Duties

Duties of the organisation

Green Tree Adventures Ltd will comply with its duty to ensure, as far as is reasonably practicable, the health, safety and welfare at work of its workers and of visitors to its premises and, in general, to:

- Make workplaces safe and with any risks to health appropriately managed and limited;
- Ensure plant and machinery are safe and that safe systems of work are set and followed;
- Ensure articles and substances are moved, stored and used safely;
- Provide access to adequate welfare facilities;
- Give workers the information, instruction, training and supervision necessary for their health and safety.

In particular, Green Tree Adventures Ltd will:

- Assess the risks to the health and safety of its workers;
- Make arrangements for implementing the health and safety measures identified as necessary by this assessment;
- Record the significant findings of the risk assessment and the arrangements for health and safety measures;
- Draw up a health and safety policy statement, including the health and safety procedures and arrangements in force, and bring it to the attention of its workers;
- Appoint someone competent to assist with health and safety responsibilities and consult staff members (or their safety representative(s)) about this appointment;
- Co-operate on health and safety with other employers sharing the same workplace;
- Set up emergency procedures;
- Provide adequate first aid facilities;
- Make sure that the workplace satisfies health, safety and welfare requirements, eg for ventilation, temperature, lighting and for sanitary, washing and rest facilities;
- Make sure that work equipment is suitable for its intended use, as far as health and safety is concerned, and that it is properly maintained and used;
- Prevent or adequately control exposure to substances that may damage health;
- Take precautions against danger from flammable or explosive hazards, electrical equipment, noise or radiation;
- Avoid hazardous manual handling operations and, where they cannot be avoided, reduce the risk of injury;
- Provide health surveillance as appropriate;
- Provide free any protective clothing or equipment, where risks are not adequately controlled by other means;
- Ensure that appropriate safety signs are provided and maintained;
- Report certain injuries, diseases and dangerous occurrences to the appropriate health and safety enforcing authority.

Duties of Employees and Volunteers

Employees also have legal duties. The organisation expects non-employed (voluntary) workers also to observe these. They include the following:..

- To take reasonable care for their own health and safety and that of other persons who may be affected by what they do or do not do;
- To co-operate with the Farm on health and safety;
- To use work items provided by the Farm correctly, including personal protective equipment, in accordance with training or instructions;
- Not to interfere with or misuse anything provided for health, safety and welfare purposes;
- To report at the earliest opportunity injuries, accidents or dangerous occurrences at work, including those involving the public and participants in activities organised by the Farm.

Duties of Visitors and Contractors

General visitors to the Green Tree Adventures Ltd should take reasonable care of themselves and any accompanying dependents (particularly young children).

Visitors for specific activities or meetings should be directed on arrival to the appropriate member of staff or group leader for hirers of the buildings. This person will take responsibility for the visitor(s) and assist in their evacuation from the building during an emergency or arrange help in the event of an accident.

Contractors working in the building should report any concerns relating to their own safety or suspected unsafe working a member of staff. The member of staff will report to the Health and Safety Officer who will investigate and liaise with the Lara & Tim.

Organisation of Health and Safety

Lara & Tim have responsibility for regularly reviewing the Health & Safety Policy and improvement plan and are committed to the continuous improvement of health and safety at Green Tree Adventures Ltd.

The Health and Safety Officer will

- be suitably qualified to undertake the role.
- review and update a continuous improvement plan for health and safety;
- keep the Farm's Health and Safety policy and procedures under review;
- conduct scheduled safety tours of the premises;
- ensure that risk assessments are carried out, including assessments regarding substances hazardous to health (COSHH Regulations - see Appendix B);
- record and investigate all accidents and incidents, recommending any improvements in safety standards required;
- take such action as may be required to ensure that the Farm's responsibilities for Health and Safety are fulfilled; and
- ensure that all staff, volunteers and beneficiaries are aware of and adhere to the policy.

The Health and Safety Officer will delegate day-to-day responsibility for adherence to the policy and for particular health and safety jobs to members of staff as outlined in the appendices.

Equality

- Consideration is given to the protected characteristics of all people groups identified in the Equality Act 2010. The protected characteristics are gender, age, race, disability, sexual orientation, religion/belief, pregnancy and maternity, and marriage/civil partnership.
- Green Tree Adventures Ltd recognises the need for specific measures to ensure the health and safety of each of these groups.
- This policy and all other associated policies and documents take this into account.

Health and Safety Rules

All workers must exercise ordinary care to avoid accidents in their activities at work and comply with the following general rules and with any further rules which the Farm may publish from time to time.

- Accident/Incident Book – Any injury or near miss suffered by a worker or visitor in the course of employment or otherwise on the Farm's premises, however slight, must be recorded, together with such other particulars as are required by statutory regulations, in the accident book maintained by the Farm and or in electronic format.
- Fire Procedures – All personnel must familiarise themselves with fire escape routes and procedures and follow the directions of the Farm in relation to fire.
- Equipment and Appliances– No equipment or appliance may be used other than as provided by or specifically authorised by or on behalf of the Farm and any directions for the use of such must be followed precisely.
- Safety Clearways – Corridors and doorways must be kept free of obstructions and properly lit.
- Maintenance – Defective equipment, furniture and structures must be reported as such without delay.
- Hygiene and Waste Disposal – Facilities for the disposal of waste materials must be kept in a clean and hygienic condition. Waste must be disposed of in an appropriate manner and in accordance with any special instructions relating to the material concerned.

Alcohol, Drugs and Tobacco

The Farm operates a No Vaping & Smoking Free policy across the site. The use of drugs (except under medical supervision) on the premises are prohibited at all times. The use of intoxicants is prohibited during working hours and no employee may undertake their duties if under the influence of alcohol or drugs, except under medical supervision. For more detailed information on the Farm's stance towards alcohol, drugs and tobacco on its premises, please refer to the relevant policies.

First Aid and Accident Reporting

First Aid

An assessment has been made as to the first aid requirements on site by a suitably qualified member of staff.

All staff working with beneficiaries receive first aid training to enable them to treat members of the public becoming ill or getting injured on site.

First Aid Boxes are provided in the following locations:

- The Farm House, the toilets in yard, tool Barn, work shop, fire circle at camp, Arts & Crafts Shed up at Camp and all team wear first aid belts.
- In the event of an injury or illness, call for a member of staff or ring for an ambulance directly. To call an ambulance, dial 999 or 112 and ask for 'ambulance'.
- All accidents must be reported to a member of staff immediately or as soon as practicable.
- All accidents must be entered in the appropriate accident book – locations detailed above. Duplicates can be given to the injured person. The procedures for 'notifiable' accidents as shown in Appendix A below must be followed.
- The Health and Safety Officer will investigate incidents and accidents, report to the Trustees with the actions necessary to prevent a recurrence.

Fire Drills and Evacuation Procedures

- All workers and volunteers must know the fire procedures, position of fire appliances (where appropriate) and escape routes.
- The Health and Safety Officer will arrange for Fire Drills and Fire Prevention Checks (see Appendix C below) to be carried out at least once every three months and entered in the log book.

In the event of fire

- Persons discovering a fire should sound the nearest alarm.
- The first duty of all workers is to evacuate all people from the building by the nearest exit immediately after the fire is discovered.
- All persons must evacuate the building and, where possible without personal risk, leave all doors and windows closed.
- The fire assembly point is in the big orchard behind Farm Shop.
- No-one should leave the assembly point without the permission of a member of staff.
- If any fire occurs, however minor, the Fire Brigade must be called immediately by dialling 999 or 112 and asking for 'Fire Brigade'.
- When the Fire Brigade arrives advise whether all persons are accounted for and location of fire.

Cleaning Materials, General Machinery and High Risk Areas

- All portable machinery must be switched off and unplugged when not in use.
- Wandering cables are a hazard; use with caution and safety in mind.
- Slippery floors are dangerous; use warning signs.
- Use protective clothing and equipment provided and as instructed on machinery/equipment/material. It is the duty of a worker to report any loss of or defect in protective clothing or equipment.

General

- All thoroughfares, exits and gates must be left clear at all times.
- Corridors and fire exits must not be blocked by furniture or equipment.
- Vehicles must not be parked near to the building so as to cause any obstruction or hazard.
- Hazards or suspected hazards or other health and safety matters should be reported to [the office staff] immediately or as soon as practicable, so that action can be taken.

If the hazard is of a serious nature, immediate action must be taken to protect or clear the area to prevent injury to staff or other users.

Appendices- Health and Safety Delegated Responsibilities

| Appendix | H&S responsibility | Job role responsible |
|-----------------|---|-----------------------------|
| A | Accident Reporting | All employed staff |
| B | Control of Substances Hazardous to Health (COSHH) | H&S Officer |
| C | Fire prevention | H&S Officer |
| D | Health and Safety Inspections | Lara & Tim |
| E | Risk Assessments | All employed staff |
| F | Display Screen Equipment (DSE) Assessments | H&S Officer |
| G | Food Hygiene | Farm Cooks |

Appendix A - Accident Reporting

All accidents which occur during work for Green Tree Adventures Ltd or on premises under the control of the Farm must be recorded. The Health and Safety Officer delegates this responsibility to all employed staff and will review the accident/incident report and action accordingly.

Accidents to Workers or Contractors' Staff

(a) For ALL accidents

Complete appropriate accident book.

(b) For accidents reportable to the Health & Safety Executive (for contractors see A.2(c) below)

If accident results in incapacity for work for more than 7 calendar days then complete form F2508 (<https://extranet.hse.gov.uk/lfserver/external/F2508IE>) with copies to:

Health & Safety Executive, 4th Floor The Pithay, All Saints Street, Bristol, BS1 2ND, telephone the incident contact centre on 0300 003 1647 or <http://www.hse.gov.uk/contact/index.htm> and the Chair of the Trustees.

If accident results in fatality, fracture, amputation or other specified injury (see Section A.4. below) then immediately notify: Health & Safety Executive Lara & Tim

Follow up within seven days with completed F2508 with copies to: Health & Safety Executive.

(c) Contractors

If a reportable accident involves a contractor's employee and the premises are under the control of someone other than the contractor then the person in control of the premises is responsible for reporting the accident.

If a contractor's employee is at work on premises under the control of the contractor then it is the contractor or someone acting on his/her behalf that is responsible for reporting the accident.

Accidents involving member of the public

(a) For all accidents

Complete the accident book.

(a) For accidents reportable to the Health & Safety Executive

If accident results in fatality, fracture, amputation or other specified injury (see Section A4 below) then immediately notify:

Health & Safety Executive, the Chair of Trustees.

Follow up within seven days with completed F2508 with copies to Health & Safety Executive and the Chair of the Trustees.

Some injuries may not be fully identified until the casualty has been to hospital. It is therefore essential that, if it is known that an individual has gone to hospital as a result of an accident, follow up action is carried out.

Definition of Specified Major Injuries or Conditions

- Fracture of the skull, spine or pelvis; any bone in the arm or wrist but not a bone in the hand; any bone in the leg or ankles but not a bone in the foot.
- Amputation of: a hand or foot, a finger, thumb or toe; or any part thereof if the joint or bone is completely severed.
- Other specified injuries and conditions:
- The loss of sight in an eye; a penetrating injury to the eye, or a chemical or hot metal burn to an eye.
- Injury (including burns) either requiring immediate medical treatment, or involving loss of consciousness, resulting (in either case) from electric shock from any electrical circuit or equipment, whether or not it is due to direct contact.
- Loss of consciousness resulting from lack of oxygen.
- Decompression sickness requiring immediate medical treatment.
- Either acute illness that requires treatment, or a loss of consciousness, resulting (in either case) from absorption of any substance by inhalation, ingestion or through the skin.
- Acute illness requiring medical treatment where there is reason to believe that this resulted from exposure to a pathogen or infected material.
- Any other injury which results in the person injured being admitted immediately into hospital for more than 24 hours.

Dangerous Occurrences

In the event of any of the following:

- Collapse/overturning of machinery;
- Explosion/collapse of closed vessel/boiler;
- Electrical explosion/fire:

Notify the following immediately: Health & Safety Executive and Lara & Tim.

Occupational Diseases

- Poisoning;
- Skin Diseases;
- Lung Diseases;
- Infections.

On receipt of a written diagnosis from a doctor, report the disease using form F2508A to: Health & Safety Executive and Lara & Tim.

Full details of Dangerous Occurrences and Occupational Diseases can be found in the HSE Guide to Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR).

Appendix B - Control of Substances Hazardous to Health (COSHH Regulations)

Employers have to ensure that the exposure of workers to hazardous substances is prevented or, if this is not reasonably practicable, adequately controlled.

The Health and Safety Officer is responsible for the assessment of all substances hazardous to health and their storage and use thereof. The Health and Safety Officer will hold an accredited COSHH qualification.

Assessment

The assessment must be a systematic review.

- What substances are present? In what form?
- What harmful effects are possible?
- Where and how are the substances actually used or handled?
- What harmful effects are given off?
- Who could be affected, to what extent and for how long?
- Under what circumstances?
- How likely is it that exposure will happen?
- What precautions need to be taken to comply with the COSHH Regulations?
- What procedures need to be put in place to comply with the Control of Asbestos Regulations 2006?

On the basis of the assessment, the Health and Safety Officer will decide which control measures are appropriate to the work situation in order to deal effectively with any hazardous substances that may be present and will update the risk assessment accordingly. This may mean preventing exposure by:

- removing the hazardous substance;
- changing the process;
- substituting with a safe or safer substance, or using a safer form;
- Or, where this is not reasonably practicable, controlling exposure by, for example:
 - – totally enclosing the process;
 - – using partial enclosure and extraction equipment;
 - ○ – general ventilation;
 - ○ – using safe systems of work and handling procedures.

The Regulations limit the use of Personal Protective Equipment (e.g. respirators, dust masks, protective clothing) as the means of protection to those situations **ONLY** where other measures cannot adequately control exposure.

Appendix C - Fire Prevention

The Health and Safety Officer retains responsibility for fire prevention

Buildings have been assessed to ascertain:

- The number and width of escape routes to provide a ready means of escape from the premises
- Emergency lighting and its maintenance
- The most suitable way of raising an alarm in the event of fire
- The contents of fire instruction notices
- The numbers and types of fire extinguishers or other fire-fighting appliances provided
- Precautions to be taken with any activities involving the use of flammable liquids, naked flames or heating processes
- The maximum number of people who should be allowed on the premises at any one time
- The escape routes kept usable
- Seating and gangways in the hall/rooms arranged so as to allow free and ready access direct to fire exits
- Exit doors always unlocked before the start of any session and kept unlocked until the last person leaves
- Escape routes and exit doors clearly sign-posted and marked so that anyone not familiar with the building can quickly see the ways out
- Escape routes and exit doors never allowed to become obstructed or hidden by chairs or curtains

Equipment

- Fire extinguishers and other fire-fighting equipment (where provided) are regularly maintained by specialist fire engineering firms
- Staff are trained to use this equipment
- Equipment kept in its proper position and always clearly visible and unobstructed

Close-down checks

- No smouldering fires are left burning
- Heaters and cookers turned off

- Computers and other electrical apparatus turned off and unplugged
- Lights off
- Internal doors closed
- Outside doors and windows closed and secured

Preventative measures

- Smoking and Vaping is not allowed on site
- Heating appliances fitted with adequate and secure fire guards
- Portable heaters are securely fixed and kept away from combustible materials
- Precautions to ensure that convector type heaters are not covered with clothes and curtains
- Temporary extensions or additions to the electrical installation carried out and checked by a competent electrician
- Sufficient socket outlets provided to obviate the need for long trailing flexes
- Damaged leads replaced regularly
- Cooking operations supervised by a reliable person
- All parts of the premises kept clear of waste and rubbish, particularly staircases, spaces under stairs, store rooms, attics and boiler rooms

Appendix D- Health and Safety Inspections

A health and safety inspection of the building is undertaken every twelve months by Lara & Tim. Lara & Tim may choose to undertake this inspection with one or more people whom they feel would add insight into the farm practices or have wider expertise. Therein, this is forms an inspection group.

An annual maintenance check is also be carried out. When the form is complete and has been signed, matters noted as not satisfactory, together with any other concerns raised by the inspection, should be reported to the Board, with proposals for action.

The inspection group is authorised, where urgent action is necessary, to make immediate reasonable response.

The whole form should be made available for inspection. When no longer required for this purpose, the form should be preserved carefully in a file maintained specifically for this purpose. As required action is taken, the responsible person should initial the form in the appropriate box. Once all required action has been completed, the form should be placed in the building log-book.

While the health and safety inspection relates particularly to the building, the risk assessment form relates to activities within it.

Appendix E - Risk Assessments

The Health and Safety Officer delegates this responsibility to all staff who undertake activities with beneficiaries or volunteers associated with Green Tree Adventures Ltd operations.

Risk assessments will be carried out in relation to every activity undertaken, whether by groups or individuals, and including the work of paid staff and volunteers. Special attention should be paid to the circumstances of workers under the age of eighteen and to expectant mothers, women who have given birth within the past six months or who are breastfeeding.

A risk assessment needs to be carried out whenever a new activity is envisaged and assessments need to be repeated whenever circumstances change: e.g. following -

- changes in layout of equipment;
- observing trends in the accident book;
- recent training (to check its effectiveness);
- changes in legislation;
- changes in staff;
- an accident or incident;
- introduction of new equipment, procedures, processes or materials;
- changes in staff circumstances – eg a woman becoming pregnant.

Appendix F - Food Hygiene

The Farm Cooks are responsible for food hygiene at Green Tree Adventures Ltd and will ensure that a Food Safety policy is created and implemented.

The main responsibilities for all food businesses under the Food Safety Act 1990 are:

- to ensure you do not include anything in food, remove anything from food or treat food in any way which means it would be damaging to the health of people eating it;
- to ensure that the food you serve or sell is of the nature, substance or quality which consumers would expect;
- to ensure that the food is labelled, advertised and presented in a way that is not false or misleading Specific hygiene requirements when handling or preparing food include:
- Regularly wash hands before and during food preparation and always after using the lavatory;
- Tell your supervisor of any skin, nose, throat or bowel problem;
- Ensure cuts or sores are covered with waterproof dressings;
- Keep yourself clean and wear clean clothing;
- Remember that smoking in a food room, and other enclosed spaces, is illegal;
- Never cough or sneeze over food;
- Clean as you go. Keep all equipment and surfaces clean;
- Prepare raw and cooked food in separate areas. Keep perishable food covered and either refrigerated (less than 8°C) or piping hot (above 63°C);
- Ensure waste food is disposed of properly. Keep the lid on the rubbish bin and wash your hands after putting waste in it;
- Avoid handling food as far as possible;
- Tell your supervisor if you cannot follow the rules;
- Advise your supervisor of any defects or concerns regarding the facilities - e.g. uncleanliness, refrigeration malfunction or cracked food preparation surfaces.

Signed (Lara Roberts/Tim Roberts)

Date.....